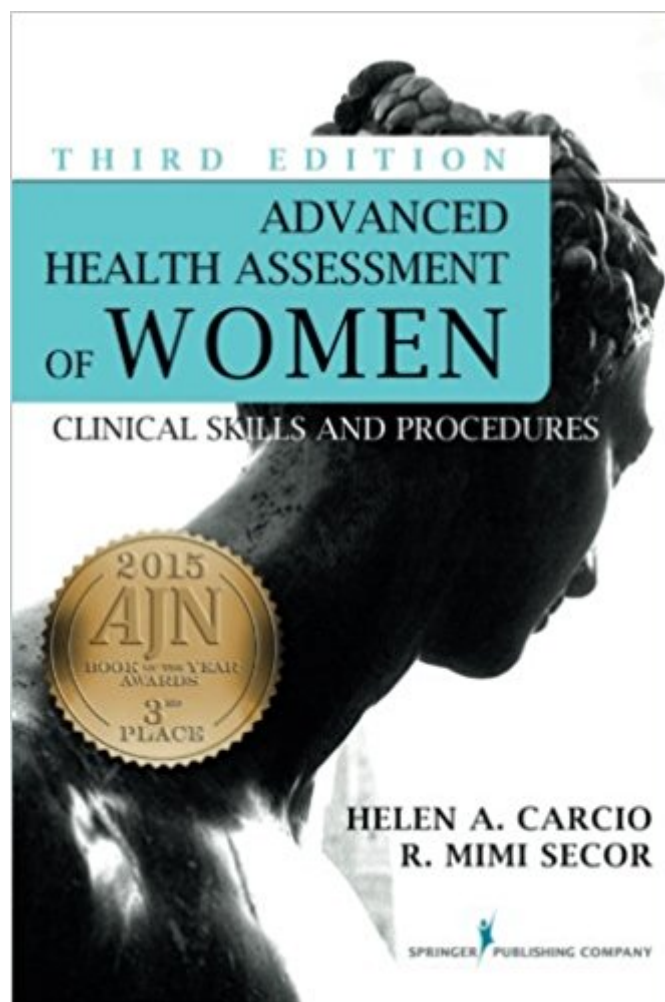


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# Advanced Health Assessment Of Women, Third Edition: Clinical Skills And Procedures (Advanced Health Assessment Of Women: Clinical Skills And Pro)





## Synopsis

This is the only truly comprehensive advanced text for the assessment of women's health, written for such primary care providers as nurse practitioners, physician assistants, and certified nurses/midwives. It encompasses both foundational and cutting-edge physical and psychosocial information in a clear and concise outline format, and is unique in its presentation of more advanced techniques and procedures not addressed in standard graduate assessment texts. Keeping pace with the expanding scope of advanced practice, the third edition provides several completely new chapters authored by renowned specialists, expanded chapters, and updates. This includes new information on contraception, domestic violence, health history of special populations, lesbian health, evaluation of the pelvic floor, aging and menopause, bleeding irregularities, infertility, skin aesthetics, pelvic pain, and health guidelines. With an integrated approach to treatment, the authors delineate the expanded roles of advanced health care providers, including guidance for situations when a practitioner must decide whether to act independently, co-manage, consult, or refer. The authors provide in-depth descriptions enhanced by plentiful tables and figures of each assessment skill and technique along with its underlying rationale. Basic techniques are augmented by the inclusion of possible alterations for a particular procedure. On a continuum from simple to complex, the text is divided into 11 units that cover basic women's health assessment down to the cellular level, health history, prenatal assessment, investigative procedures including sonohysteroscopy and simple cystometrogram, and several chapters on specific women's health concerns. A special chapter on urinary incontinence includes diagnosis of bladder dysfunction. Sample assessment forms are integrated throughout, as are comprehensive lists of equipment required for each procedure along with information on patient preparation and follow-up. New to the Third Edition:

- Updated assessment guidelines
- New chapters on lesbian health, dysfunctional uterine bleeding, polycystic ovarian syndrome, skin aesthetics, and pelvic pain
- Information on new contraception devices
- New information on domestic violence, health history of special populations, and vaginal microscopy
- Cervical cancer screening, menopause assessment, and osteoporosis screening
- Expanded information on evaluation of the pelvic floor
- Expanded information on aging and menopause
- Updates on infertility and information on BRCA gene testing

**Key Features:** Provides detailed descriptions of advanced assessment techniques enhanced with plentiful tables and figures. Presents the rationale for all assessments and procedures. Delineates clinical procedures on the leading edge of the expanded role of the advanced practice clinician. Includes unique chapters about selection and insertion of the vaginal pessary, intrauterine insemination procedure, and donor insemination. Covers such advanced skills as vulvar exam and biopsy, endometrial biopsy,

acrochordectomy, polypectomy, and colposcopy

## Book Information

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## Customer Reviews

has been involved in women's health care, both educationally and clinically, for the past 20 years. She was an associate Clinical Professor at the University of Massachusetts at Amherst in the nurse practitioner program for ten years where she was awarded the distinguished teaching medal. During that time she wrote a column for the Hampshire Gazette, in Northampton, Massachusetts, titled "Women's Health Matters". The column addressed the health care needs of women in the community and offered a forum for women to address their concerns. She has written four books on women's health, including the first edition of Advanced Health Assessment of Women (1999), and has published numerous articles. She was recently awarded "Nurse Practitioner Entrepreneur of the Year" by Advance for Nurse Practitioners.

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